

**press  
release**

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stress  
& the skin



**dermalogica<sup>®</sup>**



When we are stressed, the body releases a hormone called cortisol which is also known as our flight or fight hormone. High cortisol levels can in return then reduce oestrogen production which makes the skin more sensitive to androgens. When androgens are in abundance, it will send messages to the sebaceous glands to produce more oil which can lead to breakout activity. Chronic physiological stress can slow wound healing by up to 40%, which could be a factor in slowing the repair of acne lesions which ultimately accelerates skin ageing.





**NEW!**  
AGE bright  
clearing  
serum

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**clears** away breakouts  
while **brightening** skin  
to **reduce** signs of premature ageing.



# clear breakouts & visible signs of premature ageing

**NEW!** AGE bright clearing serum  
& **NEW!** AGE bright spot fader



**clears active**  
breakouts.



**reduces** visible  
signs of premature  
ageing.



**brightens**  
dark spots and  
promotes even  
skin tone.



Let's dive a little deeper into the TT technology within our **AGE bright complex** and how it can effectively treat breakouts in our skin.

Thymol (Thyme) and Terpineol (from pine oil) work in synergy where one enhances the other to kill breakout causing bacteria, while leaving healthy bacteria intact. The truth of the matter is that a healthy skin starts with right balance of an optimal microbiome, a strong lipid barrier and hydration. Combine dehydration and excess oil together and you will have an imbalanced microbiome. Our patent TT technology has a positive effect on our microbiome because it has the ability to kill the bad bacteria (*P.acnes* bacteria) within 15 minutes, however it is harmless to the good bacteria in the skin (*S.epidermidis*). In summary the AGE bright complex is a powerhouse of actives to combat breakouts and premature skin aging.

The skin is the last thing we want to worry about during these crazy times. When it comes to your skin, worry can do more harm than you might realize.



- Janine Rose  
Dermalogica SA skin therapist

# NEW! AGE bright spot fader

this two-in-one  
spot treatment

clears away active breakouts  
and the marks they leave behind.



# about dermalogica

Dermalogica revolutionised the skin care industry when it emerged into the marketplace in 1986 with innovative formulations, which excluded common irritants, including SD alcohol, lanolin, mineral oil and artificial colours and fragrances. Jane Wurwand developed the products to better support the advanced curriculum she had developed a few years earlier for The International Dermal Institute, which she also founded. Wurwand led the company's growth from an idea to the world's most-requested professional skin care brand.

Dermalogica today is sold in more than 80 countries worldwide. Dermalogica products are available in select skin treatment centers on the recommendation of a qualified professional skin therapist, in addition to the brand's concept spaces located around the world and online at [dermalogica.co.za](http://dermalogica.co.za). Dermalogica is made in the USA, with its global operations based in Carson, just south of Los Angeles. To learn more about Dermalogica, please visit [dermalogica.co.za](http://dermalogica.co.za)

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**We are equally concerned with the impact of our product ingredients on your skin and the environment. As such, we are pleased to share the following with you:**



Our products are vegan friendly, cruelty-free, gluten-free, and formulated without artificial fragrances or colours.

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**dermalogica**<sup>®</sup>  
professional-grade skin care by The International Dermal Institute



**dermalogica®**



**#ActiveClearingSA #AdultAcne  
#SpotFaderSA #ClearingSerumSA #dermalogicaSA**

[www.dermalogica.co.za](http://www.dermalogica.co.za)